## West Lothian 50+ Network



# Minutes of Members Meeting – 15th October 2022

- 1. Welcome: Anne welcomed members and, particularly, new members.
- 2. **Speaker:** Moira Niven, Lord Lieutenant of West Lothian gave a very interesting talk on how she became Lord Lieutenant and on the various roles she carries out.

#### 3. **Trips**:

- a. **Enchanted Forest Outing** on Sunday 30<sup>th</sup> October is now closed. (Leave Bathgate 10.30 Arrive Pitlochry 12.30 for free time. Optional high tea at Fishers' Hotel 16.00, Pick up for Enchanted Forest 17.45, Leave Pitlochry 20.00, Arrive Bathgate 22.00)
- b. Christmas Markets at Glamis Castle on Saturday 26<sup>th</sup> November £20 (Depart Bathgate 9.30, Arrive Glamis 11.20, Depart Glamis 13.30, Arrive Dundee 14.00, Depart Dundee 16.00, Arrive Bathgate 17.30). Members please note that the ticket for Glamis is for the Christmas Market and Grounds only, not castle admission. Castle tour requires upgrade. Booking from Wednesday 26<sup>th</sup> October at the Hub.
- 4. <u>Holidays:</u> Spaces are still available on holiday to Northumbria 9<sup>th</sup> -13<sup>th</sup> January 2023. £199 sharing, £259 single. Deposit £30. Balance due 28th November 2022.

### 5. **Events**:

- a. **Coffee Morning and Craft Fair** on Saturday 5<sup>th</sup> November in St Mary's Church Hall, Bathgate. Tickets now available, cost £3.00. Tombola prizes would be appreciated, and gift bags of any size. To book a craft table please contact the Hub. If you are able to bake, please let the Hub know what you plan to do. Baking can be handed into the Hub on Friday 4<sup>th</sup> November.
- b. Christmas Cantata. The Network Singers are holding this on Monday 12<sup>th</sup> December at Armadale Parish Church starting at 7pm. Tickets available from the Hub from Wednesday 26<sup>th</sup> October. Payment by donation. If you are experiencing transport difficulty, please contact the Hub.
- c. Christmas Party, Saturday 17<sup>th</sup> December from 10:30am until 12:30pm in St Mary's Church Hall, Bathgate. Tickets available from the Hub on Wednesday 26<sup>th</sup> October. Tickets are free but spaces are limited.
- d. Christmas Pantomime. Eleanor has secured a deal with Regal Theatre for their pantomime The Wizard of Oz on Thursday 8<sup>th</sup> December at 12:30pm. Special price of £7.50, instead of £10, open to all members. If you would like to attend the Hub will take bookings from Wednesday 26<sup>th</sup> October, closing date Friday 28<sup>th</sup> October.

#### 6. **Groups:**

- Thursday Book Group is up and running.
- Culture Group has started and their first outing is on 21<sup>st</sup> October.
- Improve n Move the first class is full, but second class is half full with more joining.
- Badminton is about to add a third court to their session which is held at Xcite Livingston on a Tuesday morning.
- Cycle Spin has started.
- Creative Writing Group is now underway.
- Jewellery group is going well.
- Bowling has 59 members and is trying to get a block booking session on Tuesdays in addition to the Wednesday and Thursday sessions.
- Classic Cinema Group meet monthly on 2<sup>nd</sup> Thursday and also offer choc ices, popcorn, coffee, juice and chocolates.
- 2 new walking groups are also underway.
- Pins and Needles Group is up and running on Mondays.
- Reminiscence Group is running again and is held in the Bennie Museum.
- A new game called the Mexican Train is the current game of the month at the Games Group. If you are interested the Games Group runs on a Thursday afternoon in the Hub. Lots of different games are on offer. To join speak to the Hub.
- Music for All is back from 2-4 in the Jim Walker Partnership Centre [Note: not part of the minutes, but we were informed after meeting that this group is no longer currently running].

If you are interested in any of these groups, please contact the Hub.

- 7. Staffing: Sadly, both Teresa and Suzanne are leaving us at the end of October. We are busy recruiting and have had a huge response.
- 8. Accolade: We have received a Highly Commended from Age Scotland for our services to older people. The Chief Executive wrote "It was hugely inspiring to read about the work of your organisation and dedication of the people involved. You should be very proud of all your work with and on behalf of older people."
- 9. Coffee Groups: Our Livingston coffee groups recently held on Coffee Morning in aid of McMillan. They raised £255. A great result. Well done to all involved.
- 10. West Lothian School Bank: The West Lothian School Bank is holding a Winter Warmer event appealing for socks, gloves and scarves suitable for pupils from P1 to S6. They don't want any hand knitted items. Collection point in the Hub.
- 11. **Next Meeting:** The next meeting will be on Saturday 19<sup>th</sup> November at 10:30am. Speaker will be Philip Dodsworth from Blood Bikes. We look forward to seeing you there.

Colodo

Anne Webster – Chair, West Lothian 50+