



Network Groups

These groups are available to West Lothian 50+ Members. To join a group, please note your interest through the Member Hub. Not yet a member? Find out how to join us at www.westlothian50plusnetwork.co.uk/membership-join or call 01506 635510

MONDAY

TWO LEFT FEET - Walking Group, Fortnightly
DAWDLERS - Walking Group, Fortnightly
HAPPY WANDERERS - Walking Group, Weekly
WALKY TALKY - Walking Group, Weekly
MEN'S DARTS AND DOMINOES, Hub, Weekly 10.00 - 12.00
MONDAY STITCHERS - Rosemount Gardens, Weekly 10.00 - 12.00
RUMMIKUB - Rosemount Gardens, Weekly - 13.00 - 15.00
NETWORK SINGERS - Answer Centre , Whitburn, Weekly -14.00 - 15.30
ART GROUP 1 - Bathgate Partnership Centre, Weekly 14.00 - 16.00
BOOK & BLETHER - Bathgate Partnership Centre, Fortnightly 14.00- 16.00
BRIDGE - Bathgate Partnership Centre, Weekly 19.00 - 21.00
PINS & NEEDLES - Hub, Weekly 14:00 - 16:00
SLOWCOACHES - Walking Group , Fortnightly

TUESDAY

MEN'S GROUP, Hub, Weekly 10.00 - 12.00
BADMINTON - Xcite Livingston, 10.00 -11.00
COFFEE CLUB, LIVINGSTON - Chain Runner Livingston, Weekly 10.00 - 12:00
MILES AND SMILES - Walking Group, Weekly
TAI CHAI-Xcite Bathgate, Weekly 11.30 - 12.30
NUYU - Bathgate Partnership Centre, Weekly 11.00 - 12.30
ZUMBA - Xcite Bathgate, 12:15 - 13.00 , 13:15-14.00
CRAFT GROUP - Bathgate Partnership Centre, Fortnightly 13.15 - 15.15
CYCLING - West Lothian Bike Library, Weekly 12.00 - 14.15
ART GROUP 2 - Hub, Fortnightly 14.00 - 16.00
HOLISTIC THERAPIES - Rosemount Garden, Fortnightly 14.00 - 16.00
UKULELE - Rosemount Gardens, Fortnightly , 14.30 - 16.30
IMPROVE N MOVE - Hub, Weekly at 12:15 - 13:00 and 13:15 -14:00
CREATIVE WRITING - Hub, 2.00 - 4.00pm, Fortnightly

WEDNESDAY

CHESS FOR FUN - Hub, Weekly, 9.45 - 12.00
BOWLING - Xcite, Bathgate, Weekly, seasonal - times vary
COFFEE CLUB, BATHGATE - Weekly 10.45 - 12.00
LINE DANCING FOR FUN - Bathgate Partnership Centre, Fortnightly 12.00 - 13.30
ARMADALE COFFEE CLUB - Weekly, 13.00 - 15.00
FRENCH FOR BEGINNERS - Hub, Weekly 13.00 - 14.00
FRENCH - Hub, Weekly, 14.00 - 16.00
TABLE TENNIS - Craigswood Sports Centre, Livingston - 14:00 - 15:00
TEN PIN BOWLING - Deer Park, Fortnightly, Wednesdays at 14.00 - 16.00
SPANISH - Hub, Weekly for 6 weeks, 15:45 - 16.45
PHOTOGRAPHY - Hub, monthly, 19.00 - 20.15 - other times on location

THURSDAY

BOWLING - Glen Mavis Bathgate, Fortnightly - 10.00-12.00 (Weather permitting)
COFFEE CLUB LIVINGSTON - Chain Runner, Livingston , Weekly - 10.00 - 12.00
HUB COFFEE CLUB- 10.30 - 12.00
LUNCH CLUB, Cairn Hotel, Bathgate, - Last Thursday Month 12.00
JUMP AND JIVE BEGINNERS, British Legion Bathgate, Weekly 12.00 - 14.00
STROLL ALONG - Walking Group, Weekly
TWALKERS - Walking Group, Weekly
PATCHWORK - Bathgate Partnership Centre, Weekly 14.00 - 16.00
MAH JONG and GAMES - Hub, Weekly, 14.00 - 16.45
GARDENING - Hub, Monthly (1st Thursday of month), 19.00 - 21.00
SUPPER CLUB, Various locations, 2nd Thursday of Month
BOOK CLUB, Bathgate Library, Monthly 18.:00 - 19:00
CLASSIC CINEMA, Hub, 2nd Thursday of the month, 5.00

FRIDAY

REMINISCENCE - Bennie Museum, Weekly, 10.00
CRAFT FOR ENJOYMENT - Hub, Weekly 10.00 - 12.00
WHITBURN COFFEE CLUB- Hillcroft Hotel, Whitburn, Weekly, 10.45
LIVINGSTON LUNCH CLUB - Monthly (last Friday of month), 12.30 - 14.30 - Various
JEWELLERY GROUP - Hub, Weekly 12:15 - 14:00
ITALIAN (Beginners) - Rosemount Gardens, Weekly, 14.30 - 15.30
SCRABBLE AND CANASTA - Hub, Weekly 14.00 16.30
NATTERING NEEDLES - Rosemount Gardens, Weekly 13.30 - 15.30

WEEKENDS AND OTHER

MEMBERS' MONTHLY MEETING - Hub, 3rd Saturday of the month, 10.30
THEATRE GROUP, Various locations & times
CULTURE CLUB - Various, Monthly