



28.06.2024

Network Groups

These groups are available to West Lothian 50+ Network members. To join a group, please note your interest through the Members' Hub. Not yet a member?

Find out how to join us at www.westlothian50plusnetwork.co.uk/membership-join email hub@westlothian50plusnetwork.co.uk or call 01506 635 510

MONDAY

TWO LEFT FEET - Walking Group, Weekly
DAWDLERS - Walking Group, Fortnightly
SLOWCOACHES - Walking Group, Fortnightly
HAPPY WANDERERS - Walking Group, Weekly
MEN'S DARTS AND DOMINOES - Hub, Weekly 10:00 - 12:00
VETERANS GROUP - Hub, Fortnightly 12:00 - 14:00
MONDAY STITCHERS - Rosemount Gardens, Weekly 10:00 - 12:00
RUMMIKUB - Rosemount Gardens, Weekly 13:00 - 15:00
NETWORK SINGERS - Answer Centre , Whitburn, Weekly 14:00 - 15:30
ART GROUP 1 - Bathgate Partnership Centre, Weekly 14:00 - 16:00
BOOK & BLETHER - Bathgate Partnership Centre, Fortnightly 14:00- 16:00
PINS & NEEDLES - Hub, Weekly 14:00 - 16:00
TABLE TENNIS - Craigswood Sports Centre, Livingston 16:00 - 17:00
CONVERSATIONAL FRENCH - Hub, Every Three Weeks 16:15 - 17:45

TUESDAY

MEN'S GROUP - Hub, Weekly 10:00 - 12:00
BADMINTON - Xcite Craigswood, Weekly 10:00 -11:00
COFFEE CLUB, LIVINGSTON - Chain Runner, Livingston, Weekly 10:00 - 12:00
COFFEE CLUB, ARMADALE- Chain Runner, Weekly 11.00 - 13.00
MILES AND SMILES - Walking Group, Weekly
TAI CHI - Xcite Bathgate, Weekly 11:30 - 12:30
NUYU - Bathgate Partnership Centre, Weekly 11:00 - 12:30
ZUMBA - Xcite Bathgate, Weekly 12:30 - 13:30
CRAFT GROUP - Bathgate Partnership Centre, Fortnightly 13:15 - 15:15
ART GROUP 2 - Hub, Fortnightly 14:00 - 16:00
UKULELE FOR FUN - Rosemount Gardens, Fortnightly , 14:30 - 16:30
IMPROVE N MOVE - Hub, Weekly at 12:15 - 13:00 and 13:15 -14:00
CREATIVE WRITING - Hub, Monthly, 14:00 - 16:00
SQUAWKERS SINGING GROUP - Hub , 1st Tuesday of every month - 18:30 - 19:30

Make the rest of your life, the best of your life

WEDNESDAY

CHESS FOR FUN - Hub, Weekly, 10:00 - 12:00

BOWLING - Glenmavis Bowling Club, Weekly, 11:00-13:00

BUTTERFLY YOGA - Ballencrieff Toll, Weekly, 10:30 - 11:30

IMPROVE N MOVE - Hub, Weekly, 12:00 - 12:45

COFFEE CLUB, BATHGATE - Rosemount, Weekly 10:45 - 12:00

SCRABBLERS, BATHGATE - Rosemount, Weekly 13:00 - 15:00

LINE DANCING FOR FUN - Bathgate Partnership Centre, Fortnightly 12:00 - 13:30

COFFEE AND GAMES GROUP - Chainrunner, Weekly, 10:00 - 12:00

FRENCH FOR BEGINNERS - Hub, Weekly 13.00 - 14.00

FRENCH - Hub, Weekly -14:00 - 16:00

TABLE TENNIS - Craigswood Sports Centre, Livingston - 14:00 - 15:00

SPANISH - Boghall Community Centre , Weekly in 6 week blocks, 13:00 - 14:00

GENEALOGY - Hub, 3rd Weds of Month, 16:30 - 18:00

THURSDAY

COFFEE CLUB LIVINGSTON - Chain Runner, Livingston , Weekly - 10:00 - 12:00

BOWLING - Glenmavis Bowling Club, Weekly - 10:00 - 12:00

YOUNG AT HEART COFFEE CLUB - Hub, Bathgate, Weekly - 10:30 - 12:00

LUNCH CLUB - Fairway Hotel, Bathgate, Last Thursday each Month 12:00

PHOTOGRAPHY - Hub, Fortnightly, 12:00 - 14:00

CYCLING - West Lothian Bike Library, Weekly, Various

STROLL ALONG - Walking Group, Weekly

TWALKERS - Walking Group, Weekly

PATCHWORK - Bathgate Partnership Centre, Weekly 14:00 - 16:00

MAH JONG & GAMES - Hub, Weekly, 14:00 - 16:45

GARDENING - Hub, Monthly (1st Thursday of month), 18:30 - 21:00

SUPPER CLUB - Various locations, 3rd Thursday of Month

BOOK CLUB 1 - Bathgate Library, Last Thursday of the Month 18:00 - 19:00

Book Club 2nd Edition - Bathgate Library, 2nd of the Month 18:00-19:00

CLASSIC SILVER SCREEN - Hub, 2nd Thursday of the month, 17:00 onwards

FRIDAY

REMINISCENCE - Bennie Museum, Weekly, 10:00

CRAFT FOR ENJOYMENT - Hub, Weekly 10:00 - 12:00

WHITBURN COFFEE CLUB - Hilcroft Hotel, Whitburn, Weekly, 10:45

LIVINGSTON LUNCH CLUB - Monthly (last Friday of month), 12:30 - 14:30 - Various

JEWELLERY GROUP - Hub, Weekly 12:15 - 14:00

SCRABBLE - Hub, Weekly 14:00 - 16:30

CANASTA - Hub, Weekly 14:00 -16:30

NATTERING NEEDLES - Rosemount Gardens, Weekly 13:30 - 15:30

YOGA - Whitburn Partnership Centre, Weekly 11:00 - 12:00

WEEKENDS AND OTHER

MEMBERS' MONTHLY MEETING - St Mary's Hall, 3rd Saturday of the month, 10:30

THEATRE GROUP - Various locations & times

CULTURE CLUB - Various, Monthly

SATURDAY NIGHT AT THE MOVIES - 2nd Saturday of the month, 6pm

WEEKENDERS - Various, 2nd Saturday of the month

SATURDAY CYCLING for Beginners - Bathgate, Weekly 10:30